



## Tacoma Chapter

### FACET REPORTING FORM

**ACTIVITY/ EVENT TITLE:** Now You See It, Now You Don't: The Many Facets of Mental Health

**DATE:** October 21, 2017

Please indicate which facets were involved by placing an "X" in the square.

**The Arts**

**Health & Human Services**

**International Trends & Services**

**National Trends & Services**

**Services to Youth**

**Collaboration**

ALZHEIMER'S ASSOCIATION OF WASHINGTON STATE, ALPHA KAPPA ALPHA SORORITY, INC. ZETA OMEGA OMEGA CHAPTER, BETHLEHEM BAPTIST CHURCH, FRANCISCAN HEALTH SYSTEM

#### A. Objective(s)

1. Increase the awareness of at least 100 African American women and men in the South Puget Sound area regarding mental health issues that impact African Americans through provision of a community forum on mental health issues in the month of October, 2017.
2. Identify community mental health resources in the South Puget Sound area that address mental health issues that impact African Americans.

#### B. Description of activity. If this was a combined effort between facets, please state how each participating facet was involved:

HHS Facet lead coordinator of event. All facets participated on the planning steering committee. Each facet and community partner were responsible for identifying a mental health issue to present, speaker or other resources for the presentation, handouts and community resources. Each facet and community partner staffed their respective station at the forum. All subcommittees (steering, logistics, program, publicity, technology, education materials, and refreshment) consisted of members from all facets and community partners.

#### c. List Activities Implemented:

A THREE-HOUR COMMUNITY MENTAL HEALTH FORUM, "NOW YOU SEE IT, NOW YOU DON'T: THE MANY FACETS OF MENTAL HEALTH" HELD ON OCTOBER 21, 2017. KEYNOTE SPEAKER: BASICS OF ALZHEIMER'S FOLLOWED BY COMMUNITY CAFÉ FORMAT. SIX DIFFERENT MENTAL HEALTH ISSUES THAT IMPACT AFRICAN AMERICANS WERE PRESENTED AT SEPARATE STATIONS. ONE SIXTH OF ATTENDEES STARTED AT EACH STATION FOR TEN MINUTE PRESENTATIONS THEN PARTICIPANTS ROTATED TO NEXT STATION UNTIL CYCLED THROUGH ALL SIX STATIONS. EACH FACET AND COMMUNITY PARTNER PRESENTED A DIFFERENT FACETS OF MENTAL HEALTH.

(SEE ATTACHED PROGRAM)

#### E. Reason for selecting "Target" group(s):

Although anyone can develop a mental health problem, African Americans sometimes experience more severe forms of mental health conditions due to unmet needs and other barriers. African Americans are 20% more likely to experience serious mental health problems. (US HHS Office of Minority Health)

#### D. Targeted group(s) (Please check all that apply)

WOMEN  SENIOR CITIZENS  STUDENTS: GRADE LEVEL(S) \_\_\_\_\_ FAMILY  
 OTHER  MEN

<b>E. Number of attendees</b> <u>76</u>
Number of targeted group participating <u>52</u>
Number of Chapter members participating <u>24</u>
Other _____

**F. Were other community groups involved in or collaborated with for the program?**

Yes  No

**If yes, give names of groups and describe their involvement.**

ALZHEIMER'S ASSOCIATION OF WASHINGTON STATE, ALPHA KAPPA ALPHA SORORITY, INC. ZETA OMEGA OMEGA CHAPTER, FRANCISCAN HEALTH SYSTEM, BETHLEHEM BAPTIST CHURCH

<b>G. Cost of the Activity</b>	
<b>Projected budget</b> \$ 850	<b>Actual Cost:</b> \$ 745
<b>Was a grant or underwriting obtained?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<b>If yes, give amount and funding source name(s) and address (es).</b>	
Alpha Kappa Alpha Sorority, Inc. Zeta Omega Omega Chapter	\$250.00
	\$
	\$
<b>Total amount underwritten</b>	<b>\$ 250.00</b>
<b>Were any in-kind donations/services provided?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<b>If yes, give amount and funding source name(s) and address (es).</b>	
<b>Bethlehem Baptist Church- use of facility approximate value \$350.00</b>	

**H. Most outstanding qualities of this activity**

1. Overwhelming positive feedback from participants
2. Variety relevant mental health issues presented
3. Coordinated efforts of all facets
4. Collaboration with community partners.

**I. Would you like for this activity to be continued? Why?**

Yes, participants left wanting more. Many suggestions to repeat this information. Unsolicited

inquiries to partner with the Tacoma(WA) Links to repeat the event. Allowed all facets to participate/collaborate on a service program.

## **J. Method of communicating and publicizing the activity**

1. Chapter Webpage and Facebook page
2. Local daily paper
3. Flyer distribution at community events
4. Letters distributed to over twenty churches and community organizations
5. Local weekly paper

## **K. Methods evaluation used?**

Post event evaluation forms:

### **Usefulness of Information:**

40 out of 41 found the information presented useful

### **Satisfaction with event:**

39 participants rated satisfaction with the event as 7 or higher (scale of 1-10)

25 participants rated satisfaction with the event as 10 (scaled of 1-10)

### **Organization of event**

100% said the event was well organized

### **Most important things learned:**

Human trafficking

Alzheimer's

Depression; suicide in the elderly

Prevalence of mental health issues in the African American community

Hospice

Awareness of mental health issues, importance of mental health issues

### **Additional feedback:**

Great job, excellent program, need to repeat, well organized, time at each station just right; remained fresh, need more time at each station, serve food first, more substance abuse help, more presenters

## **L. Outcome (S)**

- 1) HIGH DEGREE OF SATISFACTION OF PARTICIPANTS
- 2) PARTICIPANTS ABLE TO IDENTIFY THE MOST INFORMATION THEY LEARNED REGARDING MENTAL HEALTH ISSUES
- 3) DESIRE TO REPEAT EVENT NEXT YEAR
- 4) REQUEST FROM COMMUNITY ORGANIZATION TO PARTNER WITH TACOMA LINKS ON THE PROGRAM NEXT YEAR
- 5) SUCCESSFUL TRIAL OF COMMUNITY CAFÉ FORMAT FOR PRESENTING MULTIPLE TOPICS IN A CONDENSED TIMELINE