

Western Area

Tacoma Chapter STY Facet Program Report Form

[PLEASE RETURN THIS FORM TO THE PROGRAM CHAIR & PHOTOS TO THE TECHNOLOGY CHAIR]

TITLE of Activity Self-Esteem and Doll-Making Seminar

LOCATION: Tacoma Urban League Classroom

DATE: December 20, 2018

Please indicate which facets were involved by placing an “X” in the square.

The Arts

National Trends & Services

Health & Human Services

Services to Youth

International Trends & Services

What will you set out to accomplish by doing this activity, lesson, etc.?

Build confidence, self-esteem and self worth for young ladies and empower them to make good choices in high-pressure situations and relationships with their peers.

Please indicate (X) which objective below will your activity partially accomplish?

Objective 1: Help girls decipher/interpret language that minimizes and discounts them, and equip them how to respond with confidence

Objective 2: Equip girls with tools and resources to empower them in difficult situations or relationships

Objective 3: Build confidence and self esteem in young girls by having them create a doll in their own image that reflects their culture, strengths and gifts

Inputs (Resources- *To accomplish your set of activities, you'll need the following:*)

Self-esteem curriculum & Presenter, Doll-making supplies,

Outputs (Activities- *To address your problem or skill, you will accomplish the following activities :*)

- Assist girls in “dissecting” a current hip-hop song lyrics to interpret the language
- Assist girls in responding to peer pressure confidently
- Assist girls in creating a culture-aligned doll for themselves

Outputs – (Participation- *Clearly identify the clients who you are serving: students, grade level, parents, etc.)*

Middle School AA girls

High School AA girls

- **Outcomes –** (Short Term- *You expect that if accomplished, the activity(ies) will lead to the following changes in: **3 weeks**
3 months **x** **1-2 months** **1-2 years** **other**)*

Outcomes – (Long Term Impact- *You expect that if accomplished, the activity(ies) will lead to long term societal changes.*) **Yes** **No.**

If yes, state what way:

Girls will be more confident and empowered, thus improving some emotional and mental health stressors of AA girls, and improving their friendships, relationships and re-establishing boundaries for them.

Evaluation

How your activity was measured

observation, feedback, self-report, teacher-created test,

- Self-esteem leader brought a handout and conducted a post-activity survey
- Engagement by participants (they stayed 45 minutes beyond their regular session to complete their doll-making)
- Engagement by other adults in the space who were eager to participate
- Invitation to conduct a continuation activity with these girls in February (journals)

Description of activity participants and attendees (age range, gender, any businesses, etc.):

Classroom or Group:

Total number of students served Male 16 Female

Large Event:

Women Men

___ Children_8 (Ages 0-12) _8_ Teens (Ages 10-18
___ Young Adults (Ages 19-24) ___ Senior Citizen ___ Family
___ Other (Please specify) __1___ Male _8 Females

- Tacoma Mayor Victoria Woodards
- Tacoma Urban League CEO T'wina Nobles
- Puyallup Kaya Tribal Elder and Teacher Marti Hilyard
- Jack and Jill President and Resiliency Instructor Monique DuBose
- Urban League Guild Officer Alicia Klein
- Tacoma Links Chapter President and past Arts Facet Chair Frances Davis
- Tacoma Pierce County Black Collective Education Chair Tom Hilyard
- Two young adult assistants (Heir-o-Links)

25 Total number of people served

__1_ American Indian/Alaska Native ___ Asian _24_ Black/African American

___ White ___ Hispanic or Latino ___ Other (Please specify)

__32__ Number of members in Chapter

3 Number of members who participated in this activity

25 Number of attendees -

- **Cost of the Activity / Donation**

Projected Budget

\$250

Actual Cost:

\$

Was a grant or underwriting obtained? Yes **No**

If yes, give amount and funding source name(s) and address (es).

Were any in-kind donations/services provided? **Yes** ____ **No**

If yes, give amount and funding source name(s) and address (es).

Event Space was gratis courtesy of the Tacoma Urban League

- **Most outstanding qualities of this activity:**

Intent

Impact

A. Do you think that this activity should be sustained? **Yes**

Why__ **Intent and impact** _____

- **How did you communicate and publicize the activity.**

Via organizations for young ladies throughout the county

- **Documentation: Activity Photographs**

- Camera_____

- Cell PhoneX_
- Film Projector_____
- Other _____

Note: Remember to include photographs/ captions with report.

- **Questions / Concerns**

Service Hour Credits

3 Members Present

Activity/Event 3

Prep. 7

Hrs. / Min

Hrs. / Min

Total

1.

2.

3.

- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.