

Western Area

Tacoma Chapter Facet Program Report Form - STY

[PLEASE RETURN THIS FORM TO THE PROGRAM CHAIR & PHOTOS TO THE TECHNOLOGY CHAIR]

TITLE of Activity Mental Health Forum

LOCATION: Bethlehem Baptist Church Tacoma, WA

DATE: December 8, 2018

Please indicate which facets were involved by placing an “X” in the square.

- The Arts**
- National Trends & Services**
- Health & Human Services**
- Services to Youth**
- International Trends & Services**

What will you set out to accomplish by doing this lesson? **Saving Lives**

“Peace Out: Why More Young African-Americans Are Dying by Suicide”

It’s a painful statistic: according to the CDC, suicide is now the third-leading cause of death for Blacks ages 15-24. Even more painful: more elementary-aged African-American children have been dying by suicide and black boys

and girls between the ages of 5 and 12 are doing so at roughly twice the rate of white kids the same age.

Among 5-11 and young adolescents aged 12-14 who die by suicide are more likely to be: male, AA, dealing with stressful relationships at home or with friends. Kids aged 5-11 with mental health problems at time of death were more likely than young adolescents to be diagnosed with ADD or ADHD.

Try as we might, we cannot simply love all the hurt away. But we cannot pretend that it's not happening and convince ourselves that speaking up makes us weak. So what are the signs we should look for, and how can we best help our young loved ones?

- **Please indicate (X) which objective below will your activity partially accomplish?**

Objective 1: Inform participants of the incident rate of youth suicide

Objective 2: Identify signs we should look for in youth considering suicide

Objective 3: Empower participants with tools to help youth considering suicide

- **Inputs (Resources- *To accomplish your set of activities, you will need the following:*)**

Child Behavior specialist

Powerpoint to share with class

Handouts/resources to share with participants

Outputs (Activities- *To address your problem or skill, you will accomplish the following activities :*) (Actions/happenings)

Participants aware of suicide prevention hotline number

Participants able to ask probing questions if they suspect someone is suicidal

Participants able to identify and connect with resources if someone is suicidal

- **Outputs** – (Participation- *Clearly identify the clients who you are serving: students, grade level, parents, etc.*)

Suicidal youth: because suicide is now the third-leading cause of death for Blacks ages 15-24.

Even more painful: more elementary-aged African-American children have been dying by suicide

Black boys and girls between the ages of 5 and 12 are doing so at roughly twice the rate of white kids the same age.

Among 5-11 and young adolescents aged 12-14 who die by suicide are more likely to be: male, AA, dealing with stressful relationships at home or with friends.

Kids aged 5-11 with mental health problems at time of death were more likely than young adolescents to have been diagnosed with ADD or ADHD.

Families of kids susceptible to the above descriptors or behaviors

- **Outcomes** – (Short Term- *You expect that if accomplished, the activity(ies) will lead to the following changes in: __3 weeks __3 months __1-2 months X 1-2 years __other*)

- **Outcomes** – (Long Term Impact- *You expect that if accomplished, the activity(ies) will lead to long term societal changes.*) X Yes ___No.

If yes, state what way:

- More awareness in the AA community
- Less judgment in the AA community (especially church families)
- Less stigma around mental health issues in the AA community
- Confident, adjusted youth who are eager and excited about their life options

- **Evaluation**

How your activity was measured: **Questionnaire and survey, self-report**

(Pre-Posttest, survey, peer evaluation, observation, interview, feedback, self-report, essay, performance task, Journal, exhibition & demonstration, teacher-created test, rubrics, record review, portfolios, etc.)

Explain in percentage or in other measure (size, extent, amount, etc.) the progress or lack thereof that the students made as a result of your assessment.

Each session had 80% of participants engaged with stories, questions, feedback, etc.

Description of activity participants and attendees (age range, gender, any businesses, etc.): Male and Female teens to +90

Classroom or Group:

+100 Total number of students served 35% Male 65% Female

Large Event:

Women Men

Children (Ages 0-12) Teens (Ages 10-18

Young Adults (Ages 19-24) Senior Citizen Family

Other (Please specify) Male Females

Total number of people served

American Indian/Alaska Native Asian Black/African American

White Hispanic or Latino Other (Please specify)

32 ___ Number of members in Chapter

_29___ Number of members who participated in this activity

___ Number of attendees - Included in the number of attendees was an adult male heir-o-link and the great-grandson on a chapter member.

- **Cost of the Activity / Donation**

Projected Budget

\$ 150

Actual Cost:

\$ 150

Was a grant or underwriting obtained? Yes No

If yes, give amount and funding source name(s) and address (es).

Were any in-kind donations/services provided? Yes ___ No

If yes, give amount and funding source name(s) and address (es).

- **Most outstanding qualities of this activity:**

- Accessible
- Open for all ages
- Tools and uses could be used right away
- Inspiring

A. Do you think that this activity should be sustained? Y___

Why: **benefit to community**

- **How did you communicate and publicize the activity.**
- **Documentation: Activity Photographs**
- Camera _____
- Cell Phone _____
- Film Projector _____
- Other _____

Note: Remember to include photographs/ captions with report.

- **Questions / Concerns**

Service Hour Credits

Members Present

Activity/Event

Prep. 6

Hrs. / Min

Hrs. / Min

Total 10

1.

- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.