

LINKSPIRATION

Prayer when I am Overwhelmed

Link Shirley Pace, WA Chaplain

Jesus, I'm tired. My body is fatigued, my soul is weary, and my mind is full of anxiety.

I need Your peace. I need to feel the comfort of resting in Your love, the contentment of trusting in Your goodness, and the joy of experiencing Your presence.

I choose today to lay my burdens down at your feet.

I choose today to stop long enough to remember You are with me on this journey.

I choose to return to Your ways and return to rest.

Open my eyes to see beauty in all You have created.

Open my heart to see You in every gift I enjoy.

Pour into the empty places in my life until I exchange the overwhelm for Your overflow.

AMEN