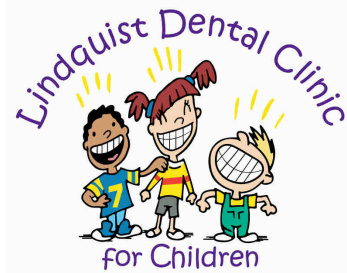




Linked in Friendship, Connected in Service  
**Tacoma (WA) Chapter**



# Mark your calendar!

***Did you know that good oral health care can increase your child's ability to be successful in school?***

To learn how to live a healthier lifestyle, The Tacoma (WA) Chapter of the Links, Incorporated and Lindquist Dental Clinic for Children have partnered with **Colgate Bright Smiles, Bright Futures** to bring this dental program right to your children virtually! During this session, your child will learn:

- ✓ Proper hand washing techniques
- ✓ Tips for brushing and flossing
- ✓ How to select healthy food choices
- ✓ What to expect when visiting the dentist

*Bright Smiles, Bright Futures reaches communities across the world with their award-winning educational curriculum. We look forward to learning together how we can keep our smiles healthy and bright!*



**Save the Date: Saturday, February 6, 2021, 11 am and 12 pm**

## **Zoom Links**

**11 am session (5-7 year olds):**

**Meeting ID: 827 4836 0023, Passcode: 519271**

**12 pm session (8-10 year olds):**

**Meeting ID: 864 0733 3809, Passcode: 519271**

Colgate will provide a free Dental Kit to all children attending the program. To receive your Dental Kit, please email **Dr. Alicia Stephens at TacomaLinksColgate@gmail.com** with your name, child's name, and phone number.

**PLEASE JOIN US FOR THIS FUN, FREE, & EDUCATIONAL PROGRAM**

LEARN MORE: [WWW.COLGATEBSBF.COM](http://WWW.COLGATEBSBF.COM)